

Acupuncture

Acupuncture.....70€

Eyebrow and Eyelash Care

Eyelash lifting.....55€
 Eyelash tint.....20€
 Eyebrow tint 15€
 Eyebrow shape..... 15€

Female Hair Removal

½ Legs ¾ Legs 16 /20€
 Whole Legs 32€
 bikini, brazilian line 20/ 26€
 Whole Brazilian 38€
 Bottom, Arms , Armpit,
 Upper lip, and more ask for
 the price

Male Hair Removal

½ Legs, ¾ Legs 22/27€
 Whole legs 40€
 Chest, Abdomen 30/30€
 Middle back, Full Back 30/45€
 Arms, Nose, Ears, Eyebrows ask
 for the price

Hands & Feet Care

Pedicure40€
 Pedicure Shellac 60€
 Manicure 30€
 Manicure Shellac 45€
 Remove Shellac 15€/20€
 Remove shellac & manicure 40€
 Enamel French 5€ extra

Health,
 relaxation
 and
 wellness



Monday to Friday / 10:00 a.m. to
 18:00 p.m.

Saturday 10.00 a.m to 15.00 pm

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NATURAL
 ELEMENTS

SPECIALIZED CENTER IN
 BEAUTY, HEALTH & WELLNES

 +34 681 888 990
 Acupuncture appt

Massages

Aroma -Relax body,head
50/80min 65€ / 98€

Deep tissue body 50/80 min 70€/105€

Lymphatic drainage
50/80min 85€ /115€

Light legs and feet 50min 65€

Relax back and head 50min 65€

Foot reflexology 50min 65€

Volcanic hot stones 75 min 95€

Ayurveda Tradicional Massages

Marma Abhyanga Body,Head and Face
1h40min / 149€

Improves sleep,physical and mental
well-being,increases skin immunity.

Shastika Pinda Sweda full body
75 min/ 90min 95€/125€

Anti-inflammatory massage , suitable for
nervous system
disorders,fibromyalgia,chronic
fatigue,sciatica,rheumatism,osteoarthritis,mu
scler mass loss,skin disorders,autoimmune
diseases.

Shastika Pindas Sweda Especial Back
50 min/75€

Beneficial treatment for
osteoarthritis,osteoporosis,back pain and
stiffness,muscle mass loss.Improves nervous
system function,relieves mental tension.

Light feet & legs Paddani Abhyanga
50 min/75€

Drains fluid retention and swelling.Stimulates
blood and lymphatic circulation,relieves the
sensation of pain and heaviness.

Body Slimming & Firming
Choorna Kizhi 50min / 90€

Activates metabolism,
relieves body retention,
reduces sagging and improves firmes

Ayurveda Facial Treatments

Detox Nirama Mukha 50 min70€
Detoxifies,nourishes tissues,relieves stress,facial
tension.

Rejuvenating Shastika Pinda Sweda
50 min/75€

Nourishes,firms and provides the natural
hyaluronic acid from rice bags

Sublime Gold Ayurvedic Treatment
50 min/75€

.Activates collagen and elastin,stimulating skin
firmness on the face.

Shiro Abhyanga 50 min/75€

Relieves tension in the head,face,neck and
trapezius.Corrects sleep disorders.

Care Packages

Wellness day for her
1h:45min/145€

Aromatherapy massage+Rejuvenating
facial+Head massage

Wellness day for him
1h:45min/145€

Aromatherapy massage+Masculine
Facial+Reflexology

Body Scrub & Massage
50min/ 85€

Facial Biotherapies

Deep Cleaning 50min 60€

Nutritive,sensitive 50min 70€

Illuminating biotherapy 50min 70€

Male facial biotherapy 50min 70€

Anti-aging and firming 50min 75€

Facial express 25min 35€

Facial massage 25min 35€

*All organic treatments (free of silicones and
parabens) include,peeling,serum,facial
massage,neck,and trapezius massage.